

## WHAT IS CLAIMED IS:

1. A health management support method comprising:  
a health screening report data entry step which comprises getting health screening report data for each person who underwent health screening;

a personal healthy life expectancy prediction data generating step which comprises preparing healthy life expectancy prediction data beforehand as basic data for predicting healthy life expectancy and generating personal healthy life expectancy prediction data from the health screening report data for a person, using the healthy life expectancy prediction data; and

a personal healthy life expectancy prediction step which comprises estimating a predicted period of healthy life expectancy of said person, using the generated personal healthy life expectancy prediction data.

2. A health management support method as recited in claim 1 further comprising:

a health management plan generation step which comprises generating health management plans for each person who underwent health screening, based on the predicted value of healthy life expectancy of each person

estimated in the personal healthy life expectancy prediction step.

3. A health management support method as recited in claim 2, wherein the health management plan generation step comprises health screening plan generation steps for generating health screening recommendation plans.

4. A health management support method as recited in claim 2, wherein the health management plan generation step further comprises healthy life-style plan generation steps for generating practice recommendation plans for guiding each person in improving his or her living habits such as meals, exercise, and smoking.

5. A health management support method as recited in claim 2, further comprising:

a health management effect prediction step which comprises estimating change to the predicted period of healthy life expectancy of a person, the change expected, assuming that the person would practice life-style improvement advised in a health management plan generated in the health management plan generation step.

6. A health management support method as recited in claim 5, further comprising:

a medical payment prediction step which comprises preparing medical payment prediction knowledge data beforehand as basic data for predicting medical payment from a diversity of healthy life expectancy and calculating change to medical payment predicted for a person who underwent health screening, based on the change to the predicted period of healthy life expectancy of the person estimated in the health management effect prediction step and through the use of the medical payment prediction knowledge data.

7. A health management support method as recited in claim 1, further comprising:

a medical payment prediction step which comprises preparing medical payment prediction knowledge data beforehand as basic data for predicting medical payment from a diversity of healthy life expectancy and calculating predicted medical payment that each person who underwent health screening may pay in future, based on the predicted period of healthy life expectancy of each person estimated in the personal healthy life expectancy prediction step and through the use of the medical payment prediction knowledge data.

8. A health management support method as recited in claim 1, further comprising:

a medical insurer management support step which comprises predicting aggregate medical payment of a medical insurer as a whole, based on the predicted period of healthy life expectancy of each assured person who is a policyholder insured by the medical insurer.